

DIY OBSTACLE COURSE



CONSTRUCTION

Constructing the obstacle course is part of the fun! Find chairs, baskets, balls, skipping ropes, blankets, ladders and prizes!



BALL THROW

Set up baskets or buckets in a row and as many small balls as you can. At the end of the obstacle course set up a ball throw where you have to get as many balls into the basket as possible in one minute!



MAKE A MAZE

Wind toilet paper or wool in criss-crosses in lengths around obstacles like chairs, trees or tables. The aim is to get through the maze without touching the string!



TUNNEL

Line up two rows of chairs and drape blankets or tarps over them to create a tunnel to crawl through.



DRAWN OBSTACLES

Use chalk to draw obstacles to complete, use different lines to create obstacles to balance on, jump over, hop in or weave through.



THE FLOOR IS LAVA!

Add items as steps and try to move through your yard without touching the ground! Remember the floor is lava!

To make it more challenging add a blindfold!